

# River Dart



# Adults

- The school staff who will be looking after the children are:
- Mrs Bentley
- Mrs Swain
- Miss Sims
- Miss Telfer

In addition, there will also be an instructor from the River Dart with each group of children (children will be in groups of 7 or 8 for the daily activities)

## Items in Rucksack for 1st day

- Packed lunch (is required in a disposable bag not a box),
- Two drinks, one in a water bottle that can be refilled during the rest of the week
- Waterproof coat
- Suncream
- Spare clothes/jumper in case of travel sickness

# Not allowed

- Electrical items: Mobile phones, personal stereos, MP3 players, PSPs etc
- Cameras. The River Dart staff have advised this as they want children to be fully involved in the activities. We will take photographs and make them available to you.
- Sweets
- Money

# Medication

- Please hand any medication your child needs to take to Miss Telfer on the morning of departure.
- The medication must be clearly labelled and in-date.
- If your child has an inhaler please make sure that you name it and hand it in on the morning so we can check everyone who needs one has remembered it.

# Departure Arrangements:

## Monday 18<sup>th</sup> May

- Arrive in school at about 7:15am. Please do not arrive before this time.
- Assemble in the Hall.
- Please ensure that any medicines are labelled with your child's name and dosage to be given. Hand in any medicines to designated teacher (Miss Telfer)
- Please park considerately when dropping off children. Please also be aware that our neighbours are likely to still be asleep.
- We will leave as soon as we are all at school and the coach is loaded (as close to 7:30 as we can).

# Example Itinerary

		1	2	3
<b>MONDAY</b>	<b>MORNING</b>	<b>ARRIVE 12:00 WELCOME, TOUR</b>		
	<b>AFTERNOON</b>	Round Robin	Round Robin	Round Robin
	<b>EVENING</b>	<b>Mini Olympics</b>		
<b>TUESDAY</b>	<b>MORNING</b>	Raft Building	Raft Building	High Ropes
	<b>AFTERNOON</b>	High Ropes	High Ropes	Raft Building
	<b>EVENING</b>	<b>Gymo Course</b>		
<b>WEDNESDAY</b>	<b>MORNING</b>	Zip and Crates	Crates and Zip	Canoeing & Kayak
	<b>AFTERNOON</b>	Canoeing & Kayaking	Kayaking & Canoeing	Crates & Zip
	<b>EVENING</b>	<b>Climbing Wall</b>		
<b>THURSDAY</b>	<b>MORNING</b>	Climbing	Climbing	Walk
	<b>AFTERNOON</b>	Walk	Walk	Climbing
	<b>EVENING</b>	<b>Shelter Build &amp; Campfire. CERTIFICATES</b>		
<b>FRIDAY</b>	<b>MORNING</b>	<b>DEPART 11:00AM</b>		

# Arrival back at school

- Details of our trip will be posted on the school website during the week.
- We are due back at approximately **3.00pm** on Friday 22<sup>nd</sup> May
- Please ensure the bus can get into the layby at this time.
- In the event of a delay of more than 15 minutes, we will update the website.
- Mrs Stewart is the emergency contact in school whilst we are away.

# Any Questions?



- Please see Mrs Bentley or one of the teachers at the end of this meeting if you have any information/questions which are particular to your child.
- If you are happy for us to administer Calpol or Piriton as needed, please see Miss Telfer for a form and fill it in before you leave tonight if you have not done it on the online form already.
- Spare Kit lists are available.
- Please also ensure you and your child have signed the behaviour agreement (check with Mrs Bentley).
- Fussy eaters: speak to Mrs Bentley.