



Wellbeing matters

for primary school aged children

One-day workshops for primary-aged young people where you will cover topics including wellbeing, emotions, self-esteem, resilience, and relationships with others.

Spaces are limited, secure your place now!

For more information, to find your nearest session or to book a place, **scan the QR code.**

If you need help completing the form or registering your interest please contact us by:

- Email: familyhubgroups@buckinghamshire.gov.uk
- Phone: **01296 383293**

Proud to be part of

**Family Hub
Network**
Buckinghamshire

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ME!**

